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Balanced, Peaceful You By Deborah Reber**

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Deborah Reber has authored a number of books for teens, including Chill: Stress Reducing Techniques for a More Balanced, Peaceful You (Simon Pulse, April 2008), In

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Deborah reber - writer profile from the

Deborah Reber is a teen expert and the Stress-Reducing Techniques for a More Balanced, Peaceful You" Chill: Stress-Reducing Techniques for a More

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About Deborah Reber: Debbie is a bestselling author, sought-after speaker, and life coach who is passionate about giving girls practical tools to help

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