

**Toxic Work: How To Overcome Stress, Overload And
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Reinhold**

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environment that stresses you out to the point of illness, according to Linnda Durre, the author of Surviving the Toxic Workplace.

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Jun 24, 2011 Borchard, T. (2011). When Your Workplace Is Toxic. Psych Central. Retrieved on July 29, 2015,

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