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Full nutritional breakdown of the calories in Raw Vegan Ice Cream based on the calories Almond Breeze Almond Milk, Vanilla and the other ingredients in this recipe. Calcium 12.6 %; Copper 16.4 %; Folate 7.0 %; Iron 5.7 %; Magnesium 13.7 Using low-fat yogurt makes this classic salad healthier than other recipes.

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My vegan cookbook - category - desserts

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